

| Datum, Uhrzeit (Lokal) | Heimmannschaft | Gastmannschaft | Spiele | |
|------------------------|----------------|----------------------------|----------------------------|--------|
| Sa. 14.01.2023 | 18:30 (1) | TTC Lautzkirchen | TTF Illtal II | 5:9 |
| | 18:30 (1) | TT Schaumberg Theley | TTV Hasborn | 5:9 |
| | 18:30 (1) | DJK Heusweiler II | TTG Fremersdorf-Gerlfangen | 5:9 |
| | 18:30 (1) | TuS Bliesransbach | TV Geislautern | 3:9 |
| | 19:00 (1) | TTC Urexweiler | TTC Gersweiler | 9:6 |
| Sa. 04.02.2023 | 18:30 t (1) | TTC Lautzkirchen | TTC Gersweiler | 9:4 |
| | 18:30 (1) | TT Schaumberg Theley | TuS Bliesransbach | 9:4 |
| | 18:30 (2) | TV Geislautern | DJK Heusweiler II | 9:5 |
| | 18:30 (2) | TTF Illtal II | TTG Fremersdorf-Gerlfangen | 9:0 NA |
| Sa. 11.02.2023 | 17:30 v (2) | TTC Urexweiler | TT Schaumberg Theley | 0:9 |
| | 18:30 (1) | DJK Heusweiler II | TTF Illtal II | 1:9 |
| | 18:30 (1) | TTC Lautzkirchen | TTV Hasborn | 5:9 |
| | 18:30 (1) | TuS Bliesransbach | TTC Gersweiler | 9:4 |
| | 18:30 t (1) | TV Geislautern | TTG Fremersdorf-Gerlfangen | 9:3 |
| Sa. 25.02.2023 | 19:30 v (1) | TTV Hasborn | TTC Urexweiler | 9:2 |
| Sa. 04.03.2023 | 18:30 (2) | TTF Illtal II | TV Geislautern | 7:9 |
| | 18:30 (1) | TTC Gersweiler | DJK Heusweiler II | 9:4 |
| | 19:30 (1) | TTV Hasborn | TuS Bliesransbach | 9:1 |
| So. 05.03.2023 | 10:00 v (1) | TT Schaumberg Theley | TTC Lautzkirchen | 9:5 |
| Sa. 11.03.2023 | 18:30 (2) | TTG Fremersdorf-Gerlfangen | TTV Hasborn | 0:9 |
| | 18:30 (1) | TV Geislautern | TTC Gersweiler | 9:5 |
| | 18:30 (1) | DJK Heusweiler II | TT Schaumberg Theley | 0:9 |
| | 18:30 (1) | TTC Lautzkirchen | TTC Urexweiler | 9:2 |
| | 18:30 (1) | TuS Bliesransbach | TTF Illtal II | 3:9 |
| Sa. 18.03.2023 | 17:30 v (1) | TTC Urexweiler | DJK Heusweiler II | 9:1 |
| | 18:30 (1) | TTC Lautzkirchen | TuS Bliesransbach | 9:4 |
| | 18:30 (1) | TTC Gersweiler | TTF Illtal II | 9:1 |
| | 18:30 (1) | TT Schaumberg Theley | TTG Fremersdorf-Gerlfangen | 9:0 |
| | 19:30 (1) | TTV Hasborn | TV Geislautern | 9:7 |
| Sa. 25.03.2023 | 18:30 t (1) | TTC Gersweiler | TTG Fremersdorf-Gerlfangen | 9:0 |
| | 18:30 (1) | TuS Bliesransbach | TTC Urexweiler | 9:5 |
| | 18:30 (2) | TTF Illtal II | TTV Hasborn | 9:5 |
| | 18:30 (1) | DJK Heusweiler II | TTC Lautzkirchen | 6:9 |
| Fr. 14.04.2023 | 20:00 v (1) | TTC Urexweiler | TTG Fremersdorf-Gerlfangen | 9:0 |
| Sa. 15.04.2023 | 18:30 (1) | TuS Bliesransbach | DJK Heusweiler II | 9:3 |
| | 18:30 (1) | TT Schaumberg Theley | TTF Illtal II | 9:4 |
| | 18:30 (1) | TTC Lautzkirchen | TTG Fremersdorf-Gerlfangen | 9:1 |
| | 19:00 (1) | TTC Urexweiler | TV Geislautern | 5:9 |
| | 19:30 (1) | TTV Hasborn | TTC Gersweiler | 8:8 |
| So. 16.04.2023 | 14:00 v (1) | TV Geislautern | TT Schaumberg Theley | 9:4 |
| Sa. 22.04.2023 | 18:30 (2) | TTG Fremersdorf-Gerlfangen | TuS Bliesransbach | 1:9 |
| | 18:30 (2) | DJK Heusweiler II | TTV Hasborn | 7:9 |
| | 18:30 (1) | TTC Gersweiler | TT Schaumberg Theley | 7:9 |
| | 18:30 (1) | TV Geislautern | TTC Lautzkirchen | 9:6 |
| | 18:30 (2) | TTF Illtal II | TTC Urexweiler | 9:1 |